

STARTERS

CHICKEN LIVERS PERI-PERI

Chicken livers pan-fried in onions, garlic, lemon, peri-peri spices & Napoli sauce

R48

THREE CHEESE PRAWNS

Plump peeled prawns in garlic, mascarpone, cheddar & pecorino cheese

R55

MOZAMBICAN STRIPS

Tender strips of chicken or beef prepared in a creamy, mild Mozambican chilli sauce

R47

BOEREWORS

Grilled South African sausage served on a skewer with African pap drizzled with chakalaka sauce

R47

BLACK MUSHROOMS

Black mushrooms topped with creamed spinach, garlic sauce, oven baked with cheddar, mozzarella & feta cheese

R48

MUSSELS

Half shell mussels gently simmered with Chardonnay, garlic, mascarpone cheese & cream

R49

PRAWN COCKTAIL

Plump prawns served in our tangy homemade Marie-Rose sauce

R53

CHEF'S SOUP

Freshly prepared daily by our chef

R46

ESCARGOT

Garlic & Herb

Sizzling snails baked in garlic & herb butter

R46

Roquefort

Sizzling snails baked in a creamy roquefort sauce

R49

BEEF CARPACCIO

Paper thin slices of top quality raw beef fillet, drizzled with olive oil, capers, rocket & shaved parmesan cheese

R55

CALAMARI

Whole calamari tubes lightly grilled in lemon butter, garlic butter or peri-peri

R53

SCAMPI

Malaysian prawn tails coated in bread crumbs accompanied by a sweet chilli sauce

R59

CAMEMBERT

Deep fried camembert cheese served with roasted almonds, fresh rocket, cranberry sauce & melba toast

R48

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SALADS

PRAWN & PAPAYA

R62

Plump prawns & sweet papaya tossed with red onions, celery & dressed with lime juice & fresh ginger

SPICY CHICKEN

R58

Spicy chicken strips with caramelised mango served on a bed of crisp mixed garden lettuce & herbs, accompanied by our homemade vinaigrette dressing

GREEK

R49

Crisp greens, cucumber, tomato, calamata olives & feta cheese

MEDITERRANEAN

R60

Tender strips of chicken fillet served with warm Mediterranean vegetables, coriander, bacon, avo & feta cheese

CAESAR*

R58

Cos lettuce, baby spinach, tomato, cucumber, croutons, boiled egg, crisp bacon, parmesan shavings & a creamy anchovy dressing

*add chicken R18 *add anchovies R15

BILTONG, BACON & FETA

R60

Fresh greens topped with sliced biltong, crisp bacon pieces & feta cheese

BUTCHER'S CHOICE

A CHOICE OF EITHER RUMP OR SIRLOIN. SERVED WITH A CHOICE OF CHIPS OR SEASONAL VEGETABLES

CAMEMBERT & BACON

R162

Our delectable green peppercorn sauce topped with pan-fried bacon & camembert cheese

BBC

R152

Mature cheddar & mozzarella cheese, topped with pan-fried bacon & biltong shavings

ROQUEFORT

R152

A creamy garlic & roquefort cheese sauce topped with chunks of local blue cheese

BONNE FEMME

R162

Our renowned homemade mushroom sauce topped with butterflied tiger prawns

SURF & TURF

R168

Garlic & white wine sauce topped with butterflied tiger prawns

MUSHROOM BORDELAISE

R158

Topped with sautéed mushrooms & a red wine & herb jus

CHOICE CUTS

Let's break it down

Rare horns & hair off! Simple & full of flavour

Medium Rare cooked on the outside with all the flavours intact

Medium pink in the centre, still some flavour

Medium Well now drying out with flavours diminishing

Well Done finished & klaar! Not recommended by our Chef's

ALL OUR STEAKS ARE FLAME GRILLED & BASTED WITH OUR UNIQUE BASTING UNLESS OTHERWISE REQUESTED. ALL ARE SERVED WITH A CHOICE OF CHIPS OR SEASONAL VEGETABLES

RUMP very tasty & succulent

200g

R95

300g

R115

500g

R155

FILLET tenderest cut

200g

R115

300g

R135

SIRLOIN tender & tasty

200g

R95

300g

R115

T-BONE sirloin & fillet on the bone

500g

R130

PRIME RIB very tasty & succulent

700g

R185

RIB EYE loaded with flavour, very tasty & succulent

350g

R148

KAROO LAMB CHOPS (when available)

R145

Flavoured with fresh rosemary, garlic & olive oil

PORK SPARE RIBS

Marinated in our famous barbeque basting

500g

R98

1kg

R165



SUNDAY ROAST

R125

SERVED WITH
*seasonal roast veggies,
roast potatoes & gravy*

SAUCES

OUR SAUCES ARE DELICATELY MADE & TASTEFULLY SELECTED TO ACCOMPANY YOUR MEAL

Garlic	R22
Jalapeno	R22
Honey & Mustard	R22
Green Peppercorn	R22
Mushroom	R22
Cheese	R22
Monkeygland	R22
Red Wine & Herb Jus	R22
Mussel	R22

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COMBO MEALS

ALL ARE SERVED WITH A CHOICE OF CHIPS OR SEASONAL VEGETABLES

RIB & CHICKEN **R145**

1/2 Rack of marinated pork ribs with 1/2 a flattie

STEAK & CALAMARI **R148**

200g Rump or Sirloin with whole calamari tubes lightly grilled in lemon butter, garlic butter or peri-peri

RIB & CHOP (when available) **R170**

1/2 Portion of lamb chops with 1/2 rack of marinated pork ribs

CHICKEN & PRAWN **R168**

1/2 A flattie with 6 tiger prawns grilled and served with lemon butter, garlic butter or peri-peri

LAND & SEA

MAPLE GLAZED PORK CHOPS

R98

Pork chops grilled & glazed with dark rum & maple butter. Served with mashed potatoes & fresh green beans

OXTAIL

R125

Cooked the traditional way, gently simmered with Pinotage, plum tomatoes, carrots, haricot beans & a hint of garlic. Served with mashed potatoes & seasonal vegetables

POT ROAST LAMB SHANK (when available)

R148

Tender lamb shank pot roasted in white wine, olive oil, lemon zest & rosemary. Served with mashed potatoes & seasonal vegetables

KINGKLIP

R120

Filleted, lightly flour dusted & grilled in lemon & herb butter. Served with a choice of chips or seasonal vegetables

LINE FISH (when available)

S.Q

Fresh line fish grilled & served with lemon butter, garlic butter or peri-peri. Served with a choice of chips or seasonal vegetables

CALAMARI

R98

Whole calamari tubes lightly grilled in lemon butter, garlic butter or peri-peri. Served with a choice of chips or seasonal vegetables

QUEEN PRAWNS

S.Q

8 Queen prawns sear grilled & served on a bed of basmati rice & chips. Served with a choice of lemon butter, garlic butter or peri-peri

CHICKEN & PRAWN CURRY

R108

Island style medium curry flavoured with coconut milk. Served with basmati rice, sambals & poppadum

POULTRY

ALL ARE SERVED WITH A CHOICE OF CHIPS OR SEASONAL VEGETABLES

FLATTIE

R98

Spring chicken flame grilled & basted with our unique lemon & herb or peri-peri sauce

CHICKEN SCHNITZEL

R85

Golden brown crumbed chicken fillets served with a choice of sauce

CHICKEN BREAST

R82

Chicken breasts marinated & flame grilled basted with our unique lemon & herb or peri-peri sauce

CHICKEN SKEWER

R92

Chicken thighs marinated & skewed, flame grilled & basted with either peri-peri or sticky barbecue sauce

ON A BUN

WITH SHOE STRING FRIES

BUTCHER BLOCK BURGER

R59

200g Pure beef patty on a toasted sesame bun with greens, fried onions, pickles & tangy mayo.

*add sauce R22 *add cheese slice R8

BOEREWORS ROLL

R59

Proudly South African traditional "boerie", flame grilled and served on a toasted sesame bun with caramelised onions

PREGO ROLL

R78

Marinated beef fillet, pan fried served on a Portuguese roll with fried onions

THAT LITTLE BIT EXTRA

Garlic Bread R20

Garlic & Cheese Bread R28

Beer Battered Onion Rings R18

Seasonal Vegetables R28

Creamed Spinach R28

Sautéed Mushrooms R28

Side Salad R25

Mashed Potato R18

Chips or Baked Potato or Basmati Rice R16

FOR THE OF SUGAR

MALVA PUDDING

R38

Fresh & homemade Cape Malay style, served with either fresh cream or ice cream

BANANA & GINGER PUDDING

R38

Warm banana & ginger pudding, soaked in a lemon syrup capped with natural yoghurt

KAHLUA & ICE CREAM CRÊPES

R40

Ice cream rolled in light crêpes, drizzled with hot Bar One & Kahlua sauce topped with roasted almond flakes

APPLE CRUMBLE

R38

Fresh & homemade, served with either fresh cream or ice cream

AMARULA & CHOCOLATE CRÈME BRÛLÉE

R42

Baked chocolate & Amarula custard topped with caramelized sugar

CHEESE CAKE

R40

Your choice of our daily homemade cheese cake

ICE CREAM & CHOCOLATE SAUCE

R33

Vanilla ice cream & hot Bar One chocolate sauce